

Virtual Youth Programs from Abilities in Motion

1.Skill Builder Sessions for Youth

Skill Builder Sessions will provide additional training to youth in the areas of employment and self-advocacy. These sessions supplement transition skills taught in school. The free sessions will help prepare students as they plan for their futures after school. For a full schedule and to register please contact Jaclyn Nagle at jnagle@abilitiesinmotion.org.

Join Zoom Meeting

<https://zoom.us/j/95851540043?pwd=b3FKZ01tRkdTLzFrb0F4VkVGU2lGQT09>

Meeting ID: 958 5154 0043

Passcode: Skills

2.Study Buddies helps middle schoolers prepare for high school by teaching them how to make good notes, study for tests, break down projects and work on time management skills.

It is a free program and starts November 3rd every Tuesday at 4-5 PM via zoom for a 5 week session.

Join Zoom Meeting

<https://zoom.us/j/95264522252?pwd=aVlxSEdEYmEzZTdpd2lDR1RWRklGQT09>

Meeting ID: 952 6452 2252

Passcode: Study

Please register by emailing Jaclyn Nagle at jnagle@abilitiesinmotion.org and provide your name, age, and school district.

3.Parent Connections groups are held every other Thursday from 5:30 – 6:30 PM and focuses on providing parents and caregivers with information on services across PA as well as providing them with the support they need during the new world we live in. For a topic list please contact Jaclyn Nagle at jnagle@abilitiesinmotion.org

Join Zoom Meeting

<https://zoom.us/j/94922009719?pwd=cGllbjgrZ2dBQkQ5OVFnQUcvMHJEZz09>

Meeting ID: 949 2200 9719

Passcode: PC

4.Teens Taking Flight is a social, recreational, and educational transition group focusing on teaching youth and young adults ages 14-25 with social, independent living, self-advocacy, and employment skills. Groups are free, but an intake is required. For an intake please contact Jacey Surbrook at

jsurbrook@abilitiesinmotion.org . The group meets every other Tuesday from 5-6 PM.

Join Zoom Meeting

<https://zoom.us/j/97392620017?pwd=NFhvOWlFL3V2VVZnVDF5RHlpUXJadz09>

Meeting ID: 973 9262 0017

Passcode: TTF