



Self Advocates United as 1—Antivirus Power Connect Calendar

Use YOUR power to stay connected through our projects



SAPNA, (Self Advocacy Power Network for All),

SASE (Self Advocacy Support and Empowerment) and Team V (volunteer)

Join any or all of the calls by computer at <https://zoom.us/j/624794330>

or by phone: dial (646)876-9923, then meeting ID: 624 794 330 ##.

Call 724 588 2378 or email Rita@sau1.org to get the meeting password.

<p>Mon. Sept.28th 1 to 3pm Let's Talk about Your Vision for YOUR Everyday Life By SAPNA</p> <p>SAPNA is a project of the PA Office of Developmental Programs.</p>	<p>Tues. Sept. 29th 1 to 3pm Go Voter! Let's Vote! By SASE</p> <p>Registering to vote, voting rights, learning what you are voting for, ways to vote, and what to do if you have problems voting.</p>	<p>Weds. Sept. 30th 1 to 2:30 pm A TEAM V event! Let's talk about volunteering while staying home and after!</p>	<p>Thurs. Oct. 1st</p>	<p>Fri. Oct 2</p>  <p>SAU1 Power Staff Josh wears his mask while getting a haircut</p>
<p>Mon. Oct. 5th The PA Developmental Disabilities Council Community Alliance Summit is Mon to Thurs. this week. Find out more about the talks at www.paddc.org/2020-pa-community-alliance-summit/</p>	<p>Tues. Oct. 6th</p>  <p>SAU1 Power Staff Chris shows off his mask at the shore.</p>	<p>Weds. Oct. 7th 1 to 3pm Go Voter! Let's Vote! By SASE</p> <p>Registering to vote, voting rights, learning what you are voting for, ways to vote, and what to do if you have problems voting</p>	<p>Thurs. Oct. 8th</p>	<p>Fri. Oct. 9th 1 to 3pm You're Not Alone! By SASE</p> <p>Let's Talk about Mental Health and how covid-19 affects our mental health, and share what works for us as we take care of ourselves.</p>
<p>Mon. Oct. 12th 1 to 3pm Disability and Disease By SASE Hear how disease and disability affect people, from first settlers arriving to today and Covid-19. Learn why we must keep speaking up!</p>	<p>Tues. Oct. 13th 1 to 3pm Let's Talk about Your Vision for YOUR Everyday Life By SAPNA</p> <p>SAPNA is a project of the PA Office of Developmental Programs.</p>	<p>Weds. Oct. 14th 1 to 3 pm Let's Talk about Relationships! By SASE</p> <p>Different kinds, how we make them, what makes them healthy, how to know if they are unhealthy, and what to do about abuse.</p>	<p>Thurs. Oct. 15th</p>	<p>Fri. Oct 16th 1 to 3pm Go Voter! Let's Vote! By SASE</p> <p>Registering to vote, voting rights, learning what your are voting for, ways to vote, and what to do if you have problems voting.</p>

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Our mission is to support the self advocacy of people with disabilities for positive impact in our communities and in people's lives.

What do YOU want to learn about during our time at home? Call, write, or email us.

Self Advocates United as 1

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